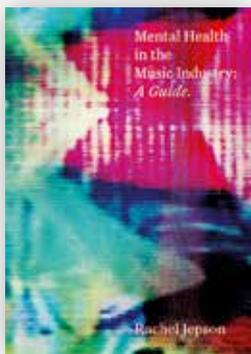




Moor *books*

In this issue we have another eclectic batch of fantastic books by Heaton's authors to share with you.



Mental Health in the Music Industry: A Guide

BY RACHEL JEPSON

Rachel Jepson, Heaton's resident and musician for over 20 years, discusses the critical issues affecting mental health in the music industry. Rachel has experienced this herself and has extensively researched it, through her work as a qualified counsellor. Issues such as addiction, self-image, and the pitfalls of 'making it' are explored within the pages of the book. 'Squeeze' songwriter and singer Chris Difford recounts his difficulties with money and addiction after being hurled into stardom at a young age, and 'Krass' singer Carol Hodge discusses the many challenges of being involved in the music industry - from life on tour to the scrutiny musicians expose themselves to. *Mental Health in the Music Industry: A Guide* features session transcripts with musician clients and exclusive contributions from musicians and music industry professionals such as Chesney Hawkes, Chris Difford and Hak Baker.

→ **Mental Health in the Music Industry: A Guide is available now on www.amazon.co.uk as an e-book or paperback. Proceeds go to music charities specialising in mental health and wellbeing.**



Rubicone

BY PETER GARSIDE.

A new identity, a new life and a new me.

Isabella Ciolla, a young Neapolitan woman, is leading a thoroughly wretched life. The disappearance of her father and abandonment by her mother, leaves her living on the dangerous streets of Naples to fend for herself from the age of fifteen.

She ends up in the unscrupulous hands of Carlo Mancini, a ruthless Mafia boss, and is forced to work in his seedy brothel. Her stunning looks provide excellent remuneration for Mancini and she quickly becomes an investment he doesn't want to lose.

However, a client offers her a chance to escape her miserable life. If caught she knows she will be killed.

Will she take it?

Rubicone is a fast-paced story which takes you on a non-stop journey from the seedy back streets of Naples to the vibrant culture of Manchester's Northern Quarter.

→ **This is the debut novel of Heaton's resident, Peter Garside, and is available from www.completelynovel.com good online booksellers, and as a download from Amazon Kindle.**